

Your procedure will be performed by Doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Date of procedure: \_\_\_\_\_ Arrive at: \_\_\_\_\_ AM/PM

Comments: \_\_\_\_\_

## SUPREP<sup>®</sup> BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)  
Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces



### On the day before your procedure...

#### What You CAN do:

- You may have a light breakfast or have clear liquids ONLY; please have nothing for dinner

#### What You CANNOT do:

- DO NOT drink milk
- DO NOT eat or drink anything colored red or purple
- DO NOT drink alcoholic beverages

#### Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (NO RED OR PURPLE)

#### Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor

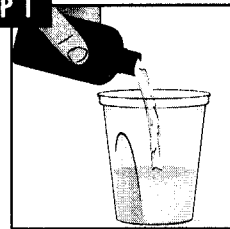
To learn more about this product, please call 1-800-874-6756 or visit our Web site at [www.suprekit.com](http://www.suprekit.com)



**FIRST DOSE:** Begin Step 1 at 5 PM the evening before your procedure and proceed as shown below:

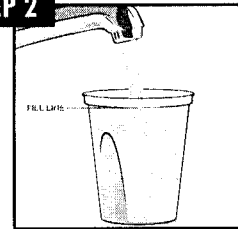
You must complete Steps 1 through 4 using one (1) 6-ounce bottle before going to bed:

#### STEP 1



Pour **ONE (1)** 6-ounce bottle of SUPREP liquid into the mixing container.

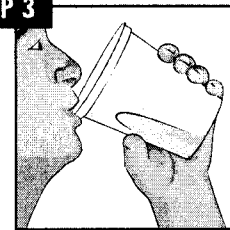
#### STEP 2



Add cool drinking water to the 16-ounce line on the container and mix.

**NOTE:** Dilute the solution concentrate as directed prior to use.

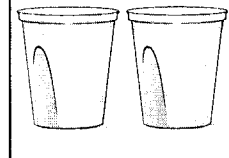
#### STEP 3



Drink **ALL** the liquid in the container.

#### STEP 4

#### IMPORTANT



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

**SECOND DOSE:** Begin Step 1 at 9 PM

For this dose, repeat Steps 1 through 4 shown above using the other 6-ounce bottle.

*\*Come to your appointment fasting. Nothing to eat or drink.*

Please read the full Prescribing Information and Medication Guide in the kit.

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# CLEAR LIQUID DIET

This diet provides fluids that leave little residue and are easily absorbed with minimal digestive activity. This diet is inadequate in all essential nutrients and is recommended only if clear liquids are temporarily needed. No red or purple liquids should be consumed!

Food Group	Foods Allowed	Foods to Avoid
Milk & beverages <i>No red or purple liquids!</i>	Tea (decaffeinated or regular), carbonated beverages, fruit flavored drinks	Milk, milk drinks
Meats & meat substitutes	None	All
Vegetables	None	All
Fruits & fruit juices	Strained fruit juices: apple, white grape, lemonade	Fruit juices with unstrained fruit
Grains & starches	None	All
Soups	Clear broth, consomme	All others
Desserts	Clear flavored gelatin, popsicles ( <i>no red or purple flavors</i> )	All others
Fats	None	All
Miscellaneous	Sugar, honey, syrup, clear hard candy, salt	All others

## Breakfast

4 oz. White grape juice  
6 oz. Clear broth  
Jell-O®\*  
Tea

\*Plain only, no fruit or toppings

## Lunch

4 oz. Apple juice  
6 oz. Clear broth  
Jell-O®\*  
Tea

## Dinner

4 oz. Lemonade  
6 oz. Clear broth  
Jell-O®\*  
Tea

Jell-O is a registered trademark of Kraft General Foods, Inc.

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